



WE ARE
Open
everyday
9am - 4 pm

EVOLVE EATERY

MENU

ORDER FOR
Collection

Clondalkin 0852113102
Kingswood 014594637



SERVED ALL DAY

ORGANIC PORRIDGE

€ 9.95

Topped with fresh berries and syrup 1b-1c-2-3-4-11

Alternative Milks: Coconut, Oat, Almond- € 0.80

Add protein- € 1.50 Add Biscoff €1.50

ACAI BOWL

€ 9.95

Acai topped with Happy Pear granola
seasonal fresh fruit drizzled with choice of
nutella ,syrup,peanut butter or biscoff sauce. 1b-1c-2-11-12

GRANOLA POT

€ 9.95

Happy Pear Granola topped with greek yoghurt,fresh berries ,
drizzled with syrup. 1b-1c-2-4-11-12

EVOLVE BREAKFAST

€ 14.95

2 sausage,2 bacon,2 poached egg,white/black pudding
cubes, tomato, mushroom, toast. Add beans €2.00
1a-1b-1c-5-9-10

EVOLVE MINI BREAKFAST

€ 10.95

1 sausage, 1 bacon, 1 poached egg, beans and toast
1a-1b-1c-2-3-4-5-8-9-11

VEGETERIAN BREAKFAST

€ 14.95

2 Poached eggs, halloumi, avocado, spinach, tomato,
mushroom, cubes, toast.1a-1c-2-4-5-8-9-11

FREE RANGE OMELETTE

€ 14.95

3 Egg Omelette-Choose 2 toppings ,ham,chicken,cheese,bacon,
Chorizo,mushroom,tomato,onion,spinach,
served with toast 1a-2-4-5-9-11
Extra topping €1.50

PROTEIN BAGEL

€15.95

Lightly toasted bagel with avocado, scrambled egg,
turkey bacon, and house relish.
1a-1c-2-4-5-8-10-12

CHILLI EGGS

€ 15.95

Scrambled eggs with cream cheese , smoked salmon,
Chili oil on open muffin. 1a-1c-4-5-6

AVOCADO TOAST

€ 15.95

Lightly toasted sourdough topped with fresh
avocado, poached eggs, mushroom, tomato,
drenched with hollandaise sauce.
Choose 1 Topping : Bacon, Halloumi, Smoked Salmon
1a-1c-2-3-4-5-8-10

CHICKEN BENEDICT

€ 15.95

Buttermilk chicken breast topped poached eggs,
Streaky bacon hollandaise sauce on a muffin. 1a-1c-
2-3-4-5-8-10

EGGS DELIGHT

€ 13.95

2 Poached eggs served on savoury muffin topped
with hollandaise sauce.
Choose 1 Topping : Bacon, Smoked Salmon, Halloumi,
Spinach.
1a-1c-4-5-6-10

CHICKEN WAFFLE

€ 15.95

Belgian waffles topped with buttermilk chicken
breast, streaky bacon, cream cheese drenched with
syrup. 1a-4-8-12

VEGETARIAN HASH BOWL

€ 15.95

Crispy potato cubes, loaded with mushroom, onion,
halloumi, topped with poached egg and hollandaise.
1a-1b-1c-4-5

HASH BOWL

€ 15.95

Crispy potato cubes loaded with black or white
pudding, bacon, chorizo, topped with poached eggs
drenched in hollandaise sauce. 1a-1b-1c-5-8-10

PANCAKES/WAFFLES

€ 13.95

Fresh berries, compote 1a-4-5-8
Strawberries & nutella 1a-2-4-5-8
Crispy bacon & syrup 1a-4-5-8
Lotus biscoff crumb & biscoff sauce 1a-4-5-8
Extras Toppings: Nutella, Peanut Butter, Biscoff,
Syrup, Yoghurt- € 1.50 Extra Fruit €2.00
Extra Pancake €3.00 Extra Waffle €3.00

FRENCH TOAST

€ 13.95

Choose:
Sweet brioche topped with streaky bacon, cinnamon
and syrup.

Sweet brioche topped with fresh berries, compote
and cinnamon.1a-4-5

GLUTEN (1A)WHEAT(1B) OATS (1C)RYE 2) NUTS, (3) PEANUTS, (4) MILK (5) EGGS, (6) FISH, (7) SHELLFISH/CRUSTACEANS, (8) SOYA, (9)
MOLLUSCS, (10) MUSTARD, (11) SESAME SEEDS, (12) SULFUR DIOXIDE, (13) LUPIN, (14) CELERY, (15) VARIOUS, (GF) GLUTEN FREE (V)VEGETARIAN

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SOUP

€ 8.95

Soup of the day served with brown bread.
1a-1c-5-8-10

CEASAR SALAD

€ 13.95

Grilled chicken breast tossed with lettuce, streaky
bacon, parmesan and ceasar dressing. 4-5-6-10

PASTA OF THE DAY

€ 15.95

STEAK & EGGS

€ 21.95

6oz striplion steak on a bed of crispy potatoes,
chorizo spinach, topped with poached eggs buffalo
sauce.
1a-10

STEAK SANDWICH

€ 21.95

Striplion steak topped with a hint of garlic onion and
mushroom served with fries and pepper sauce
1a-10

LEAN TURKEY BURGER

€ 15.95

Home made turkey burger served with rice, broccoli
and side of hot sauce.
1a-8-12

LEAN TURKEY BURRITO

€ 15.95

Lightly toasted wrap filled with turkey bacon, turkey
sausage, scrambled egg and house relish.
1a-5-10-12

CHICKEN GOUJONS

€ 14.95

Southern fried chicken breast pieces tossed in hot
OR bbq sauce served with house fries. 1a-8-5-10

House Fries €5.00 Sweet Potato €5.00

Potato Cubes €5.00 Beans €3 Avocado €3 Garlic
Mayo (5) €1.50 Mayo(5) €1.50 Hot Sauce €1.50
chipotle sauce €1.50 pepper sauce € 1.50

HAM/CHEESE TOASTIE

€ 9.95

Irish baked ham with melted dubliner cheese
served on white or brown sourdough.
1a-4-10-12

TUNA MELT TOASTIE

€ 9.95

Tuna, mayonnaise, sweetcorn on a bed of
melted dubliner cheese served on brown
sourdough. 1a-5-6-8-10-12

VEGGI DELUXE TOASTIE

€ 9.95

Buffalo, mozzarella, sun-dried tomato, pesto, rocket
lightly toasted on white or brown sourdough.
1a-2-10-12

BREAKFAST ROLL

€ 10.95

Soft roll loaded with sausage, bacon, egg and white
pudding. 1a-1b-5-10

LOUISIANA CHICKEN WRAP

€ 10.95

Lightly toasted wrap loaded with buttermilk chicken
breast, melted cheese, mayo and hot sauce.
1a-4-5-10

CHICKEN/BACON ROLL

€ 10.95

Soft roll loaded with chicken breast, streaky bacon,
stuffing, lettuce and chipotle mayonnaise.
1a-5-10

EVOLVE BLT

€ 10.95

Fresh bagel filled with bacon, lettuce, tomato and
mayonnaise. 1a-5-10-11
Add Chicken €3.00
Add Egg € 1.50

All of our ingredients are locally and Irish sourced
wherever possible. Every dish is freshly prepared to
order, so during busy periods, we appreciate your
patience as we don't compromise on quality.

THANK YOU!

GLUTEN (1A)WHEAT(1B) OATS (1C)RYE) 2) NUTS, (3) PEANUTS, (4) MILK (5) EGGS, (6) FISH, (7) SHELLFISH/CRUSTACEANS, (8) SOYA, (9)
MOLLUSCS, (10) MUSTARD, (11) SESAME SEEDS, (12) SULFUR DIOXIDE, (13) LUPIN, (14) CELERY, (15) VARIOUS, (GF) GLUTEN FREE
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DRINKS

COFFEE

ESPRESSO	€ 3.50
	€ 4.00
FLAT WHITE	€ 4.20
CAPPUCCINO	€ 4.50
LATTE	€ 4.50
MOCHA	€ 5.00
ICED COFFEE	€ 5.00
BISCOFF ICED COFFEE	€ 5.95
AFFOGATO ICED	€ 5.95
RUBY CHOC ESPRESSO	€ 5.00
ORANGE ESPRESSO	€ 5.00
AFFOGATO	€ 5.00

MATCHA

MATCHA LATTE/ICED	€ 5.00
STRAWBERRY ICED MATCHA	€ 5.95
BLUEBERRY ICED MATCHA	€ 5.95
MANGO ICED MATCHA	€ 5.95

ALTERNATIVE MILK / SYRUP 80c PUREE €1

COCONUT, AMOUND, OAT MILK
CARAMEL VANILLA, HAZELNUT,
RASBERRY, BLUEBERRY, MANGO,
WATERMELON, STRAWBERRY,
PASSIOMNFRUIT, PINEAPPLE SYRUP

TEAS/HOT DRINKS

BREAKFAST TEA	€ 3.50
GREEN TEA	€ 4.50
PEPPERMINT TEA	€ 4.50
CAMOMILE TEA	€ 4.50
TROPICAL TEA	€ 4.50
GINGER & LEMON TEA	€ 4.50
HOT CHOCOLATE	€ 5.00

SOFT DRINKS

CANS	€ 2.50
STILL WATER	€ 2.20
SPARKLING WATER	€ 2.50
FLAVOURED WATER	€ 2.50
LUCOZADE	€ 3.00
VIT HIT	€ 3.00
RED BULL	€ 3.50
MONSTER	€ 3.50

JUICES

FRESH ORANGE JUICE	€ 5.95
APPLE JUICE	€ 4.95
PINEAPPLE JUICE	€ 4.95
CRANBERRY JUICE	€ 4.95
KIDS JUICES	€ 2.00



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DRINKS

SMOOTHIES

GYM NUT € 7.95
Almond milk, Banana, Oats, Peanut Butter, Protein.

GREEN MACHINE € 5.95
Avocado, Spinach, Cucumber, Apple Juice

STRAWBERRY YOGHURT € 5.95
SMOOTHIE
Coconut milk, Greek yohurt, strawberries

REFRESHERS

TROPICAL SUNSET € 5.95
Peach, Orange , Cranberry juice.

SHIRLEY TEMPLE € 5.95
7up, grenadine spritz

LEMONDADE SPRITZ € 5.95
*optional add syrup 80c

SHOTS €3

ORANGE, GINGER & TURMERIC
WHEATGRASS

RED BULL INFUSIONS € 5.00

WATERMELON ICE
Fresh lime & strawberry syrup

BERRY BLAST
Juneberry, strawberry puree

Pina Colada
Coconut, Pineapple syrup

BLUE LAGOON
Blue raspberry syrup, Original RB

THIRST INFUSION
Thirst of choice, Redbull of choice
*add syrup 80c

SNACKS

GOATS OATS	€ 5.95
PASTRIES	€ 3.00
MUFFINS	€ 3.50
PROTEIN BALLS	€ 3.50 / 4.00
PROTEIN BARS	€ 3.50
CHOCOLATE BARS	€ 2.50
CRISPS	€ 2.00
THIRST ELECTROLTES	€ 3.00
CHEESECAKES	€ 5.00